

## **PET'S POINT of VIEW**

### **The stages of Physical Dying according to the Tibetan Five Element Perspective**

the active dying process - the final shutting down of all body functions



#### **First stage:**

**EARTH** element dissolving (spleen/stomach meridian)

It is ruling the body's solid parts, they become less solid, for example:

- Weightloss, affects bones, teeth, nails, skin
- Appetite might diminish, no use for fuel
- Loss of muscle strength

Conclusion of earth phase:

Dying animal remains in a resting position, this can take days, weeks, but also turn around again.

Each stage is shorter than the previous one.

**Second stage:**

**WATER** dissolving (kidney/bladder meridian)

- **Body fluids dry up**, urine, saliva, blood, lymph (scum on teeth, crusts on eyes)
- The Animal may withdraw from environment, not listen to name, disengage from stimuli
- There is often a **PREVIEW** internally
- The animal may not be interested in food, drink much anymore.
- **LAST BLOOM** suddenly coming back to life

The animal is using up its remaining life force, final moments of connection

**Third stage:**

**FIRE** dissolving (heart/triple heater meridian)

**Warmth** of the body fades, digestion fades , diarrhea for example, respiration can get more rapid, shorter breaths

**Fourth stage:**

**AIR** dissolving

**Breath** changes, twitching of limbs, shorter phase most often, a few minutes.

**Fifth stage:**

Death of the physical body.

There are many variations to the theme

According to the Tibetans there are also stages after the physical body has died.

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