

Archangel Michael Homework

1. What does Michael's name mean?
2. What chakra(s) does Michael oversee?
3. What is Michael most known for?
4. Begin meditating with Archangel Michael daily. It doesn't require a 'formal' event. Start by placing your hands over your solar plexus

As you meditate with Michael for a minimum of five minutes daily for five days, record results daily

what did you feel

what did you see

what message was conveyed

All or none may happen. Never fear, Archangel Michael is with you

5. Do the ritual of placing Michael in one location, such as your home. Record your findings; do you feel a difference in the energy?
6. Where is Michael's Light Temple?
7. What are some other Askfirmations that you can use in connection with Michael?
8. Do you see yourself using any of the known essences in conjunction with Michael?
Why or Why not?
9. What crystal(s) are associated with Michael? What are their benefits? Can you think of others and why?
10. Do you have any crystals associated with Michael? If so, which ones. How do you currently use them?
11. Draw Michael's symbol until it is easy to execute. Record any sensation you feel each time.